






SEPTEMBER 2011 *PROHEALTH PILATES* GROUP CLASS SCHEDULE

Sun	Mon 	Tue 	Wed 	Thu 	Fri	Sat 
				1 8:30 AM (MICHELE) 5:30 PM (TINA)	2	3 9:00 AM (LISA)
4	5 LABOR DAY CLOSED	6 8:30 AM (MICHELE)	7 CIRCUIT CLASS 6:30 PM (KARYN)	8 8:30 AM (MICHELE) 5:30 PM (TINA)	9	10 9:00 AM (MICHELE)
11	12 5:30 PM (MICHELE)	13 8:30 AM (MICHELE)	14 CIRCUIT CLASS 6:30 PM (MICHELE)	15 8:30 AM (MICHELE) 5:30 PM (MICHELE)	16	17 NO CLASS
18	19 5:30 PM (KARYN)	20 8:30 AM (MICHELE)	21 CIRCUIT CLASS 6:30 PM (KARYN)	22 8:30 AM (MICHELE) 5:30 PM (LISA)	23	24 9:00 AM (LISA)
25	26 5:30 PM (KARYN)	27 8:30 AM (MICHELE)	28 CIRCUIT CLASS 6:30 PM (KARYN)	29 8:30 AM (MICHELE) 5:30 PM (TINA)	30	