






OCTOBER 2011 *PROHEALTH PILATES* GROUP CLASS SCHEDULE

Sun	Mon 	Tue 	Wed 	Thu 	Fri	Sat 
						1 9:00 AM (TINA)
2	3 5:30 PM (KARYN)	4 8:30 AM (MICHELE)	5 CIRCUIT CLASS 6:30 PM (KARYN)	6 8:30 AM (MICHELE) 5:30 PM (TINA)	7	8 9:00 AM (KARYN)
9	10 5:30 PM (KARYN)	11 8:30 AM (MICHELE)	12 CIRCUIT CLASS 6:30 PM (KARYN)	13 8:30 AM (MICHELE) 5:30 PM (TINA)	14 OPEN HOUSE 5-8:00 PM	15 NO CLASS
16	17 5:30 PM (KARYN)	18 8:30 AM (MICHELE)	19 CIRCUIT CLASS 6:30 PM (KARYN)	20 8:30 AM (MICHELE) 5:30 PM (TINA)	21	22 9:00 AM (MICHELE)
23/30	24/31 5:30 PM (KARYN)	25 8:30 AM (MICHELE)	26 CIRCUIT CLASS 6:30 PM (KARYN)	27 8:30 AM (MICHELE) 5:30 PM (TINA)	28	29 9:00 AM (LISA)