





AUGUST 2011 *PROHEALTH PILATES* GROUP CLASS SCHEDULE

Sun	Mon 	Tue 	Wed	Thu 	Fri	Sat 
	1 5:30 PM (KARYN)	2 8:30 AM (MICHELE)	3 CIRCUIT CLASS 6:30 PM (KARYN)	4 8:30 AM (MICHELE) 5:30 PM (TINA)	5	6 9:00 AM (MICHELE)
7	8 5:30 PM (KARYN)	9 8:30 AM (MICHELE)	10 CIRCUIT CLASS 6:30 PM (KARYN)	11 8:30 AM (MICHELE) 5:30 PM (TINA)	12	13 9:00 AM (LISA)
14	15 5:30 PM (KARYN)	16 8:30 AM (MICHELE)	17 CIRCUIT CLASS 6:30 PM (KARYN)	18 8:30 AM (MICHELE) 5:30 PM (TINA)	19	20 9:00 AM (KARYN)
21	22 5:30 PM (KARYN)	23 8:30 AM (MICHELE)	24 CIRCUIT CLASS 6:30 PM (KARYN)	25 8:30 AM (MICHELE) 5:30 PM (TINA)	26	27 9:00 AM (MICHELE)
28	29 5:30 PM (KARYN)	30 8:30 AM (MICHELE)				